

Let NW Physiatry help.

Recover, Restore, Rejuvenate!



NW
Physiatry
Associates

Northwest Physiatry Associates

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NW
Physiatry
Associates

*Specialists in electrodiagnostics, and
in maximizing function lost through
disease, disorder, injury or pain.*

What is Physiatry?



At Northwest Physiatry Associates, our physicians specialize in physical medicine and rehabilitation. Physiatry, pronounced *fizz eye' uh tree*, is a specialty focusing on muscular, skeletal and neurological issues. It was developed in the 1930's and was approved as a specialty in medicine in 1947.

Our highly specialized physicians have over 41 years of combined experience, with the expertise to assist in the management of a wide range of disabling conditions, injuries and/or accidents.

Our goal is to provide you the highest level of support and rehabilitation options to ensure a proper diagnosis and positive results so you can return to your daily activities and quickly be on the road to maximum recovery.

What we do...

Your Physiatrist is committed to working together with you and our network of healthcare professionals to reach the goal of restoring and improving your body's functions. The entire process at Northwest Physiatry is devoted to getting you back to feeling well again.

We Offer diagnosis for and Management of:

Sprains, Strains and Injury

- Back
- Neck
- Shoulder
- Arm, Wrist, Hand
- Leg, Ankle, Foot

Diagnostic and Therapeutic Procedures

- Electromyography
- Nerve Conduction Studies
- Muscle, Joint, and Spinal Injections
- Botox Injections

Rehabilitation

- Strokes
- Multiple Sclerosis and other Neurological Diseases
- Spinal Cord Injuries
- Musculoskeletal Disabilities

Repetitive Motion Disorders

- Rotator Cuff Injury
- Bursitis
- Tennis Elbow
- Carpal Tunnel Syndrome

How we do it...

By using the most advanced technology we can discover the root of the problem(s) so we can thoroughly address the unique needs of each individual. Some of these methods include MRI's, CT's, lab tests, and performing studies that test nerve function.

After the necessary information is obtained, our Physiatrists will customize a treatment program to fit your specific needs. This may include:

- **Referral to Therapeutic Services such as:**
Physical Therapy

*Massage
Occupational Therapy
Speech Therapy
Counseling
Chiropractic Care
and other Disciplines*

- **Advice on Management of a Problem**
- **Joint, Muscle, or Spinal Injections**
- **Prescriptions for Medication**
- **Prescriptions for Braces, Prosthetics and Orthotics**
- **Referral to other Specialty Practitioners/**

Providers such as:

*Rheumatologist
Neurosurgeon
Orthopedic Surgeon
Psychologist*

As a group of physicians at Northwest Physiatry Associates, we hold board certifications or eligibility in Physical Medicine and Rehabilitation, Electrodiagnostics, and Pain Medicine. With our abilities to manage a broad spectrum of medical problems, we are confident we can reach our underlying goals of maximizing recovery, improving your quality of life, and preventing future occurrences or injury.



Get the help and treatment you need! Call today for an appointment 206-362-2464